

..... GREENLAND & WILD LABRADOR

DETAILED ITINERARY

Sep 15/26



Follow the route of Leif Erickson. From Kangerlussuaq, Greenland to St. John's, NL, via coastal Labrador—stopping at incredible Canadian National Parks along the way!

Sailing south over the Arctic Circle, we are surrounded by mountains and glaciers. Greenland's coast is sublime! Nuuk, one of the world's northernmost capitals, offers shopping, dining, and handicrafts.

Crossing the Davis Strait to Canada, we visit Torngat Mountains National Park. This jewel in the Canadian park system is the first and only national park in Canada to be staffed completely by Inuit. We'll honour this monumental achievement while hiking and exploring the deep fjords with Inuit hosts. Our southerly journey will follow the rugged Labrador coast.

Across the Strait of Belle Isle in Newfoundland, we'll roam North America's only authenticated Norse site before sailing the picturesque coast of northeast Newfoundland.

FACTS & HIGHLIGHTS

- 15 days • Start in Kangerlussuaq, Greenland and finish in St. John's, Canada • All meals on board included • Travel aboard the Ocean Victory • Experience the extraordinary privilege of journeying through Inuit Nunangat—the ice, water, and lands of Inuit. • Zodiac along the face of a Greenlandic glacier • Cross the Arctic Circle by ship via glorious Kangerlussuaq Fjord (Søndre Strømfjord)
- See and learn about the Qilakitsoq mummies at the Greenland National Museum in Nuuk • Hike and Zodiac among the fall colours of Torngat Mountains National Park, a model of Inuit leadership • Enjoy a warm Inuit welcome in Nain, the administrative capital of Nunatsiavut • Visit the UNESCO World Heritage Site of L'Anse aux Meadows • Sail through the Narrows into St. John's historic harbour for a spectacular finale

DEPARTURE DATES & PRICES FROM (Per person)

Please call our office or visit our website for 2028 dates & rates.

Activity Level: 1

Comfort Level:

Seas can be rough. Zodiac landings required

ACCOMMODATIONS

Travel aboard the Ocean Victory.

ELDERTREKS



SMALL GROUP
EXOTIC ADVENTURES
FOR TRAVELERS 50 PLUS

This is not an ElderTreks operated tour. As such, participants on this tour are not exclusive ElderTreks clients and it may not adhere to ElderTreks' maximum size restrictions of our tours.

DAY 1 KANGERLUSSUAQ, GREENLAND

After your charter flight from Toronto, transfer by Zodiac to your expedition vessel. Begin your voyage sailing through Kangerlussuaq Fjord, a 190-kilometre corridor of mountains and glaciers gleaming in reflected light. Cross the Arctic Circle as you head seaward. The air is sharp and bright, the sense of beginning unmistakable.

DAY 2 KANGERLUSSUATSIAQ FJORD (EVIGHEDSFJORDEN)

Kangerlussuatsiaq means “the rather big fjord,” while its Danish name ‘Evighedsfjorden’ translates as “the fjord of eternity.” Both capture its vast, unending presence. Explore by Zodiac beneath calving ice and sheer cliffs. Waterfalls thread down the rock face, and floating glacial ice drifts all around in a myriad of blue, white, and silver hues, catching and scattering the light.

DAY 3 NUUK

Colourful homes and bold modern architecture rise where sea meets stone, framed by the rugged silhouette of Sermitsiaq or Saddle Mountain—the city’s striking natural backdrop. In Nuuk, Greenland’s capital, Inuit culture shapes daily life—from galleries and song to the scent of country food and the laughter that fills



the harbour air. Wander through a city that embodies both tradition and transformation, a living expression of the contemporary Arctic.

DAY 4 AT SEA - DAVIS STRAIT

Cross the Davis Strait, a storied stretch of ocean connecting Greenland and Labrador. While whales and seabirds trace your course, life aboard turns to learning and exchange. Inuit cultural educators, scientists, artists, and historians share knowledge, stories, and laughter that deepen understanding of the Arctic and its peoples. Reflection and discovery flow together on this day at sea.

DAYS 5-8 TORNGAT MOUNTAIN RANGE, NL, CANADA

Enter Torngat Mountains National Park, a vast, untamed landscape where sheer peaks rise from deep fjords and tundra stretches to the horizon. Inuit hosts guide your exploration of this ancestral homeland, sharing stories that root the land in millennia of knowledge and connection. The Torngats are one of the least accessible places in Canada, protected and co-managed by Inuit to preserve both their natural and cultural heritage. From the possibility of spotting polar bears along the coast to hearing the wind move through glacial valleys, every moment here feels profound—a reminder of the power, beauty, and spirit that define the Arctic.

DAY 9 HEBRON

Step ashore at Hebron, a former Moravian mission where the past lingers powerfully.

In the 1950s, families here were forced to relocate, leaving deep scars still remembered today. Visit the preserved church, hear stories from descendants, and reflect at the commemorative plaque marking both loss and continuity. Meeting those who continue to return to hunt, fish, and honour their heritage makes Hebron a living story of displacement, memory, and return.

DAY 10 NUNATSIAVUT COMMUNITY

Come ashore in a Nunatsiavut community, where the spirit of the Labrador coast comes vividly to life. Here, history, art, and daily life intertwine, revealing stories of resilience, pride, and connection to land and sea. Walk through a community where tradition and modern life coexist—where voices rise in song, artisans share their craft, and every conversation offers insight into Inuit self-governance and cultural renewal. Framed by striking coastal hills and ancient rock formations, this visit offers a powerful sense of place and a deeper appreciation of Inuit Labrador.

DAYS 11-12 LABRADOR COAST

Along the Labrador coast, sheer headlands give way to quiet coves and forested valleys that reach toward the sea. For centuries, Inuit, Innu, and settler communities have lived within this landscape of contrasts—its beauty matched only by its demands. During the great cod fishery, harbours once filled with schooners, salt fish, and the rhythm of seasonal life. Today, cultural sites and small outports echo those stories, revealing how people and sea have long sustained one

another. Guided hikes and Zodiac excursions invite you to trace these same shorelines, where every turn offers a glimpse of Labrador's raw power and enduring spirit.

DAY 13 L'ANSE AUX MEADOWS

At the tip of Newfoundland's Great Northern Peninsula lies L'Anse aux Meadows, the only authenticated Norse site in North America and a UNESCO World Heritage treasure. Step back a thousand years to when Norse voyagers made landfall here, marking the first known meeting between Europeans and the Indigenous peoples of this continent. Wander among grassy mounds and reconstructed sod dwellings that bring the past to life, and trace the stories unearthed by archaeologists—guided by the sagas and the clues preserved in the earth.

DAY 14 TERRA NOVA NATIONAL PARK

Follow the Labrador Current along Newfoundland's rugged northeast coast, where fishing villages cling to headlands shaped by wind and tide. It's cold waters

once supported the greatest fishery in the world, king cod, drawing settlers to carve out lives along the rocky shores. These coastal communities, though ever adapting, still carry the imprint of their sea-going heritage. Out at sea, whales surface and seabirds wheel overhead, drawn by the nutrient-rich flow. Here, wild landscapes and enduring traditions meet, revealing a shoreline defined as much by people and history as by the restless sea itself.

DAY 15 ST. JOHN'S, NL

Cradled by steep hills and guarded by the dramatic Narrows, St. John's, Newfoundland and Labrador's spirited capital is one of the world's great natural harbours and one of North America's oldest cities. Brightly painted row houses climb the slopes beside Signal Hill, where the Atlantic stretches endlessly beyond. In its winding streets and lively waterfront, history and creativity thrive side by side, filling the air with music, laughter, and the unmistakable spirit of Newfoundland.





THE OCEAN VICTORY DETAILS:



Maximum: 186 passengers

Life aboard the Ocean Victory feels like stepping into a welcoming community at sea. Panoramic decks, bright lecture lounges, a cozy library, and excellent outdoor spaces provide natural gathering places—perfect for sharing discoveries, swapping stories, or reflection. Guests also enjoy hands-on workshops that spark creativity and learning. Accommodation includes ninety-three ocean-view cabins, most with private balconies, plus single-occupancy options for independent travellers. Wi-Fi (basic service included) ensures guests stay connected while immersed in the adventure.



Beagle Restaurant aboard the Ocean Victory.



Panorama Restaurant aboard the Ocean Victory.

CABIN CATEGORIES:

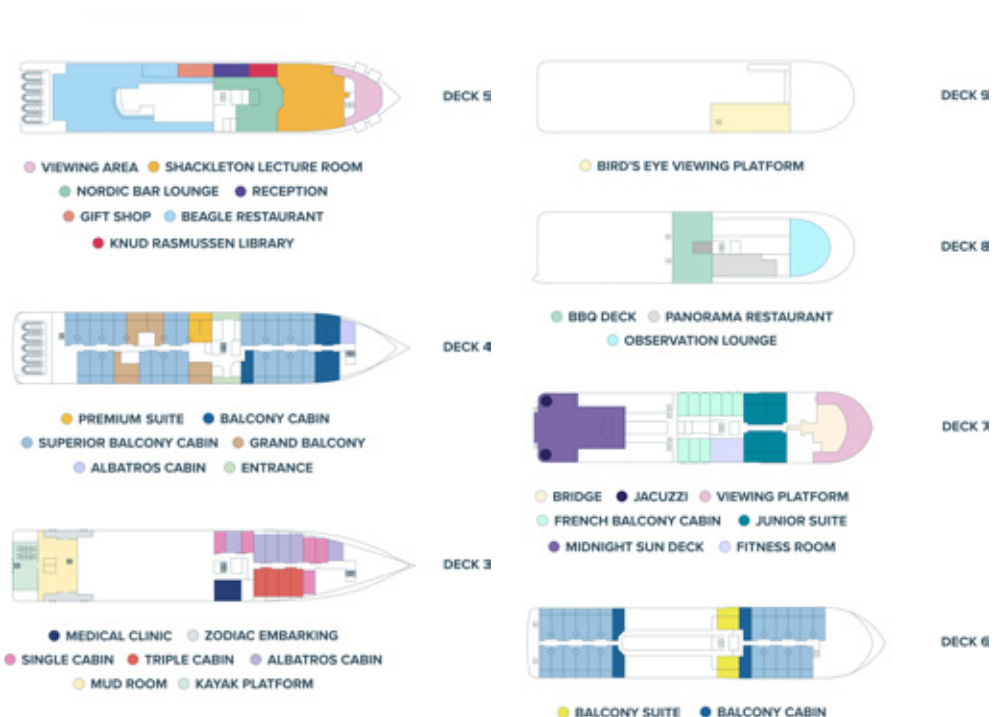
Albatros Cabin
Deck 3

French Bacony Cabin
Deck 7

Balcony Cabin
Deck 4

Superior Balcony Cabin
Deck 4

Grand Balcony Cabin
Deck 5



QUESTIONS & ANSWERS

1. HOW BIG ARE THE GROUPS?

The Ocean Victory is a 175 passenger vessel which was specifically built for expedition travel.

2. WHAT IS INCLUDED IN THE TOUR PRICE?

From Day 1 to disembarkation, all meals, beer and wine (with dinner), wifi, lectures, expeditions, entertainment and services of naturalist guides are included. A complimentary expedition jacket is also included.

3. WHAT IS NOT INCLUDED IN THE TOUR PRICE?

International and charter flights, and tips. Personal expenses like telephone calls and laundry are not included and put onto your shipboard account which is payable in USD the night prior to disembarkation. Gratuities are not included. Automatic gratuity of \$15 USD per guest/per day will be added to shipboard account. This goes into a lump sum and distributes to the entire crew equally. Mandatory medical evacuation insurance is not included.

4. ARE THESE “EDUCATIONAL” TOURS?

Yes, in the broadest sense of the word, “educational”. We visit museums, national parks and reserves and have talks and discussions on many aspects of history, culture and nature. But this is only a portion of the educational experience. We believe that it is equally educational to meet local people on a non-commercial basis, and even try to learn a few words in the native language. Sometimes the most “educational” moments are wandering through the streets of a mountain village.

5. HOW DO WE TRAVEL DURING THE TOUR?

We cruise on our vessel and often use zodiac’s for our adventure excursions

6. WHAT ARE OUR ACCOMMODATIONS LIKE?

Accommodation includes ninety-three ocean-view cabins, most with private balconies, plus single occupancy options for independent travellers. Wi-Fi (basic service included) ensures guests stay connected while immersed in the adventure.

7. WHAT ABOUT THE WEATHER?

We travel during the northern summer season. In general, we can experience temperatures between 35-55 F (1-12 C).

8. WHEN IS PAYMENT DUE?

A non-refundable deposit of \$3000 USD is due as soon as you decide to go and will reserve your place on the tour. The balance of the payment is due 150 days before departure. Cancellation charges are applicable and these are outlined in the “Terms & Conditions” section of our brochure.

9. IS MEDICAL INSURANCE REQUIRED?

Insurance coverage is not included in the cost of your trip. Please note that medical insurance is required for this adventure with a minimum of \$500,000 USD coverage for evacuation insurance, including air ambulance. We strongly recommend cancellation and interruption insurance as well! ElderTreks offers comprehensive travel insurance and we are happy to provide you with a quote if you call our office. If you are purchasing insurance elsewhere, please ensure you provide the details to ElderTreks as soon as possible

10. WHAT SHOULD I TAKE ON THE TOUR?

There is a detailed “What to Take” list in our Trip Kit, which we will send to you after you have booked the trip.

11. WHAT MEALS ARE INCLUDED?

All meals are included, starting with dinner on day 1 and finishing with breakfast on departure day.

12. CAN YOU ARRANGE MY FLIGHTS?

We would be happy to take care of your air arrangements. ElderTreks offers personalized flight itineraries, not group flights. Stop over enroute, come in a few days early, or extend your stay. Call us for a customized itinerary.

13. WHAT IF I WOULD LIKE MORE INFORMATION?

If you have any further questions about the adventure, please call our office for more details. A Trip Specialist will be happy to answer your questions. A Trip Kit containing further details on the destination will be sent to you once you have booked the trip.

