

• FALKLAND ISLANDS, SOUTH GEORGIA AND ANTARCTICA •

DETAILED ITINERARY

Oct 21/24



The Falklands (Malvinas), South Georgia & Antarctica itinerary is the fastest way to get to the rarely visited Falkland Islands and South Georgia before stepping foot on the 7th Continent.

Stroll the quaint English village of Stanley in the Falklands, wander the islands' sandy dunes, and birdwatch at rugged seabird cliffs. In South Georgia, discover the beaches where king penguins breed – one of the highest densities of animal life on Earth – and learn about the rich historical legacy of the places you visit. Both islands are known as meccas for wildlife with epic displays of animals congregating by the thousands.

Then, explore the stunning Antarctic Peninsula and enter a world of ice, snow and natural wonders. Pursue your personal passions with a choice of rewarding activities and our extensive educational program.

FACTS & HIGHLIGHTS

- 20 days • Start and finish in Ushuaia, Argentina
- All meals, snacks, soft drinks and juices on board included • Free beer, standard wines, spirits, and cocktails during bar service hours and dinner • Pre-cruise hotel on a shared basis with breakfast included • An expedition parka to keep • Wander the quaint British town of Stanley in the Falkland Islands (Islas Malvinas) • See South Georgia's incredible wildlife, including 30 breeding bird species and four penguin species • Follow in the wake of Sir Ernest Shackleton's perilous voyages to South Georgia and pause for a moment at his grave site • Explore the Antarctic Peninsula by ship, Zodiac and foot • Enjoy presentations on wildlife, history, glaciology & geology by onboard polar experts • Immerse yourself in the icy realm of the Antarctic, with an optional kayaking excursion

DEPARTURE DATES & PRICE PER PERSON

Nov 13 – Dec 02, 2025

Veranda Stateroom	-	\$35095 USD
Veranda Suite	-	\$37295 USD
Junior Suite	-	\$43895 USD

Call to ask about a 15% promo

ElderTreks clients receive a \$250 shipboard credit on all non-discounted departures

Activity Level: 1

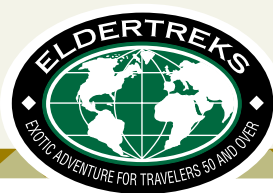
Comfort Level:

- Must be able to get in and out of zodiacs from the ship. Wet landings only • Walking on ice and snow during landings • Drake Passage can be rough during crossing • Must have proper winter gear to bear the elements

ACCOMMODATIONS

Travel aboard an ice-strengthened vessel

ELDERTREKS



SMALL GROUP
EXOTIC ADVENTURES
FOR TRAVELERS 50 PLUS

DAY 1 USHUAIA, ARGENTINA

Your gateway for this expedition is Ushuaia, Argentina. Located within the Tierra del Fuego archipelago, Ushuaia has a small-town feel yet boasts many shops, museums, cafés and restaurants that you can enjoy before your voyage. If you're feeling adventurous, the nearby Tierra del Fuego National Park and Martial Glacier offer plenty of outdoor activities, such as hiking.

Overnight at a hotel in Ushuaia.

DAYS 2 USHUAIA, EMBARKATION DAY

As you embark, the anticipation grows. Trade your land legs for sea legs, meet and greet your fellow travelers and get acquainted with your ship. Since every Antarctic adventure presents new opportunities and experiences, embarkation day is just as exciting for your Expedition Team as it is for you. On board your team will be there both to ensure your comfort and safety as well as help make your wildlife dreams come true.

Overnight on board the ship.

DAY 3 AT SEA

Your days at sea are filled with presentations led by your Expedition Team on photography, wildlife, glaciology, and history. In between presentations, spend time on deck looking for wildlife or chatting with your shipmates over a drink at the bar.

Overnight on board the ship.

DAYS 4 - 5 FALKLAND ISLANDS (ISLAS MALVINAS)

Upon your arrival in the Falklands (Malvinas), your camera will get its first real workout capturing



the abundant wildlife and rugged feel of this sub-Antarctic region. The archipelago contains two main islands, East Falkland and West Falkland, which you will explore during daily excursions.

Stanley, also known as Port Stanley, is often a favored landing site, as the town offers a unique British outpost feel, complete with eclectic charm. You'll be free to explore, grab a pint at the local pub or visit the cathedral and museum.

In terms of wildlife, the archipelago is home to Magellanic, gentoo and southern rockhopper penguins. If you're lucky, you may even spot king penguins here as well! You can expect to see black-browed albatross, plus two endemic bird species—the flightless Falkland steamer duck and, possibly, the elusive Cobb's wren.

Your expert education team will enrich your understanding of the local flora and fauna, making the most out of your time in the Falklands.

Overnight on board the ship.

DAYS 6-7 AT SEA

Sailing southeast to South Georgia, you'll officially enter Antarctic waters once you cross the Antarctic Convergence, an invisible biological boundary encircling the continent. This meeting of oceans, where the cold Antarctic waters mix and mingle with the warmer waters of the Indian, Pacific and Atlantic Oceans, helps nourish the abundance of krill that attracts whales, seals, and birdlife to this part of the world. Your Expedition Team will notify you when you cross this invisible yet important line, and also look out for the seabirds and marine life that frequent this nutrient-rich area.

Overnight on board the ship.

DAYS 8-11 SOUTH GEORGIA

This remote, mountainous island was a popular stop for many historic Antarctic expeditions and was once known for whale and seal hunting. Today, island wildlife populations are rebounding, but you'll still see remnants of old whaling stations and other abandoned outposts.

One significant and historic site is the grave of the great explorer Sir Ernest Shackleton. You can visit his grave at the settlement of Grytviken, which is also home to an old whaling station, plus a museum, gift shop, church and small research station.

Although South Georgia's history is an important attraction to the island, its incredible densities of wildlife make it truly memorable. Each landing you make on South Georgia, often referred to as the Galapagos of the Southern Sea, will open your eyes to the wondrous lives of new, enthralling creatures.

One day you may see colonies with hundreds of thousands of pairs of king penguins waddling on shore, and the next, you may visit another beach inhabited by hundreds of fur or elephant seals. The grasses, mountains and beaches of South Georgia all play an important role in the breeding and survival of different species on the island. This fragile and interwoven relationship is something your Expedition Team will instill in you during your time here.

Overnight on board the ship.

DAYS 12-13 AT SEA

Our first landing is at Grytviken. We clear Customs and then visit the historical site with the museum and Ernest Shackleton's grave. We land at Fortuna Bay / Stromness in the afternoon to see king penguins. Here we learn more about Shackleton and his expedition, and there is also an optional 2-3 hour "Shackleton walk".

DAYS 14-17 SOUTH SHETLAND ISLANDS AND ANTARCTIC PENINSULA

The most common reaction upon reaching the Antarctic Continent is a sense of reverence and awe. The experience is beyond words, since few places are as untouched and enduring as Antarctica.

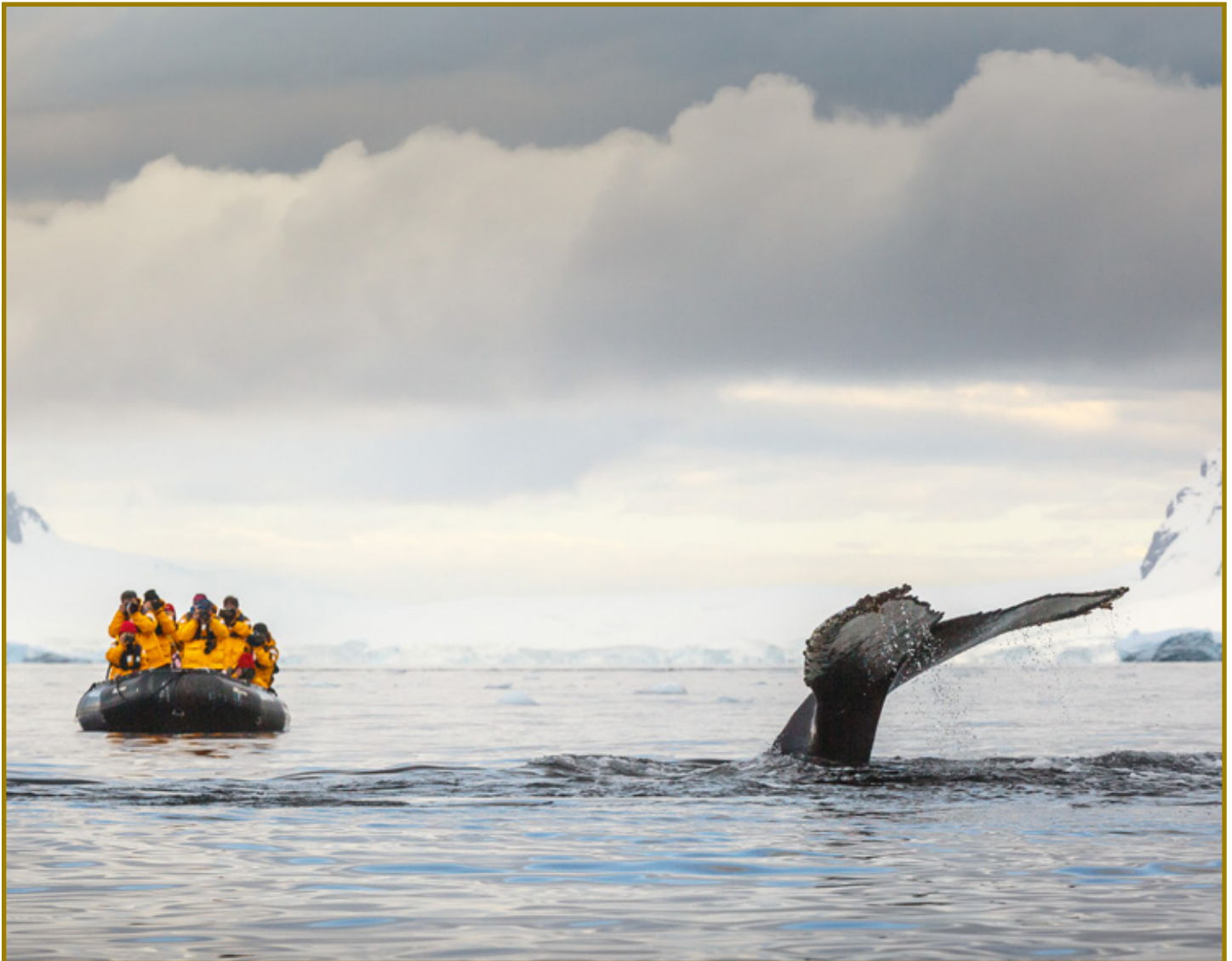
You will discover that Antarctica is a land of extremes. At one moment you'll be overcome with a feeling of complete isolation and silence, and at the next moment you'll be inspired by nature as a calving glacier crashes into a brilliant blue sea or a curious penguin waddles by to observe the human.

Your Expedition Team will take care of you at each

excursion, whether you are Zodiac cruising, visiting a historical site or consorting with penguin colonies.

Chinstrap, Adélie and gentoo penguins are found here, along with Weddell, fur, crabeater and leopard seals. During Zodiac cruises, keep an eye out for Antarctic whales such as minke, as you may get a chance for an intimate experience with these majestic animals. Each day and each excursion will present a new collection of creatures to entertain you and keep your camera busy.

As exciting as the Zodiac excursions and landings are, perhaps you'll treat yourself to an extra-special Antarctic experience by partaking in an optional paddling excursion (at an extra cost) or cast reason



aside and jump into Antarctic waters for the Polar Plunge!

Overnight on board the ship.

DAYS 18-19 CROSSING THE DRAKE PASSAGE

After more than two weeks of endless wildlife encounters, your journey home begins. Crossing the Drake is your unofficial rite of passage, completing your Antarctic adventure. Enjoy your final moments celebrating with your fellow shipmates and savor the silence of the sea as long as you can.

Overnight on board the ship.

DAY 20 DISEMBARKATION IN USHUAIA

After breakfast aboard the ship, it is time to part ways and say goodbye to your Expedition Team. Airport transfers will be provided for those departing on the first homeward flights. Other guests will be transferred to town.



THE OCEAN EXPLORER DETAILS:



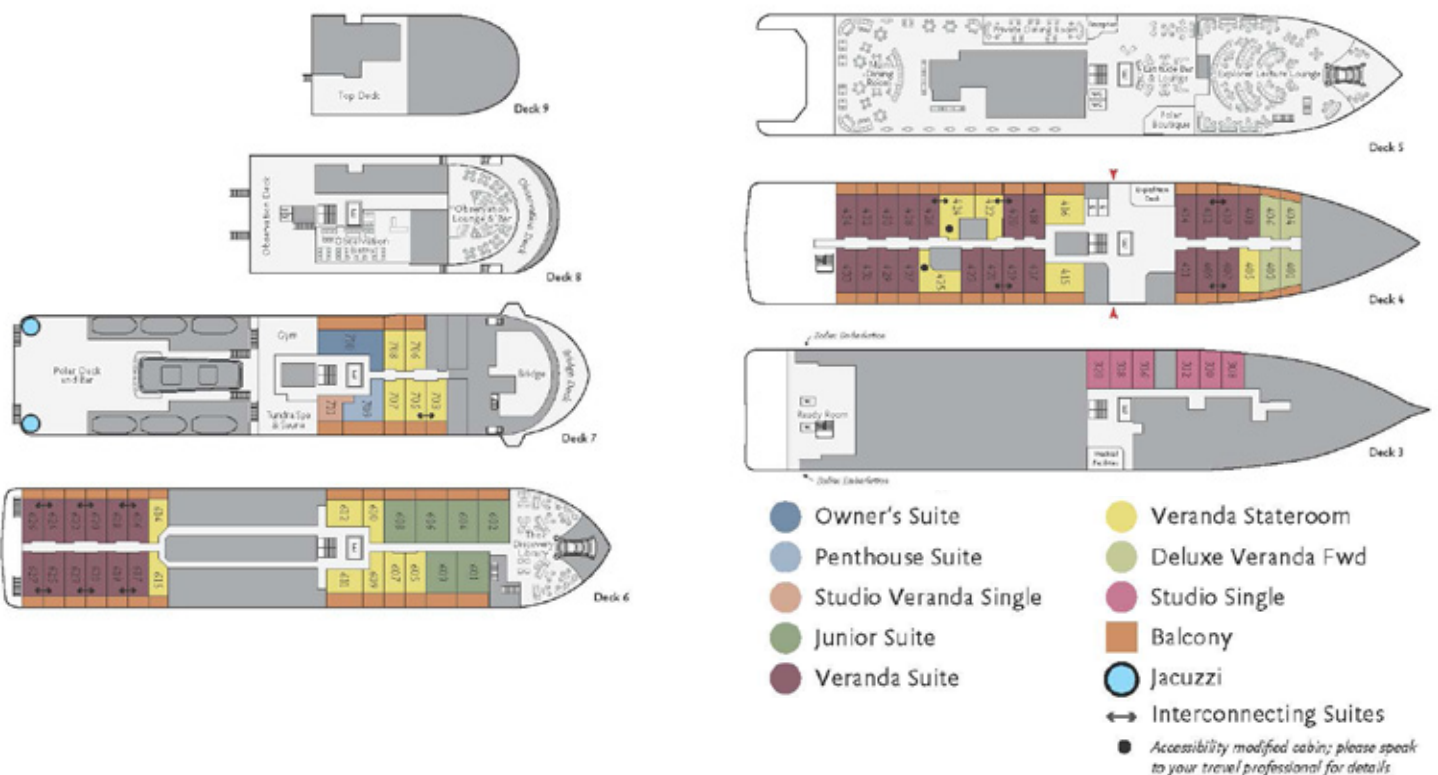
Ocean Explorer, the newest addition to our fleet, is modern, elegant and purpose-built for polar exploration. The 138-passenger vessel has been designed with the latest in expedition ship technology. One of the ship's key features is the ULSTEIN X-BOW®, a marine engineering innovation that ensures a comfortable and smooth sailing experience thanks to the inverted bow. With its distinctive X-Bow design and

remarkable twostory forward lounge, Ocean Explorer sets a striking stage for your expedition of a lifetime.

Spacious cabins feature a modern, bespoke Scandinavian design, and almost all have verandas. You can relax and find comfort in our signature Tundra Spa & Sauna (with large windows), well-equipped gym and two outdoor Jacuzzis.

Ocean Explorer has been designed with ample outdoor viewing areas and multi-height outer decks, which are ideal for long-view photography and wildlife viewing. The vessel is equipped with a fleet of 15 Zodiacs that enable guests to get off the ship quickly and safely for off-ship adventures. In addition to the well-appointed and spacious public areas, Ocean Explorer has an industry-leading mix of sustainability systems, including fuelefficient Rolls Royce engines.

Ocean Explorer





Ocean Explorer - Observation Deck



Ocean Explorer - Main Dining Room



Ocean Explorer - Veranda Stateroom



QUESTIONS & ANSWERS

1. HOW BIG ARE THE GROUPS?

Ocean Explorer is a 138 passenger vessel.

2. WHAT IS INCLUDED IN THE TOUR PRICE?

All meals, snacks, soft drinks and juices on board throughout the voyage. Free beer, standard wines, spirits and cocktails during bar service hours and dinner. Complimentary coffee, tea and cocoa available around the clock. An expedition parka to keep. A pair of waterproof expedition boots on loan for landings and zodiac cruising excursions. Complimentary WiFi service on one device permitting basic internet browsing. Emergency evacuation insurance for all passengers to a maximum benefit of USD \$500,000 per person. Group transfer in Ushuaia from the airport to pre-expedition hotel on Day 1. Group transfer from hotel to ship on embarkation day. Group transfer upon disembarkation from ship to airport or luggage storage.

3. WHAT IS NOT INCLUDED IN THE TOUR PRICE?

International flights; government arrival and departures taxes; insurance covering baggage, cancellation, interruption and medical; mandatory waterproof pants for zodiac landings; laundry, spa and personal charges; phone charges; voluntary gratuity for expedition staff and shipboard crew; additional overnight accommodation; adventure options (ie. kayaking); arrival and departure transfers, except where explicitly stated.

4. ARE THESE “EDUCATIONAL” TOURS?

There will be a variety of guests, expedition leaders and staff onboard who are ready and willing to share their knowledge of the region, geology and wildlife.

5. HOW DO WE TRAVEL DURING THE TOUR?

We cruise on our vessel and often use zodiac's for our adventure excursions.

6. WHAT ARE OUR ACCOMMODATIONS LIKE?

The ship offers interior and exterior cabins. All cabins have private washroom facilities, a phone for internal calls, radio, TV and air-conditioning. There are a variety of cabin categories available ranging from 9-30 m2 (100-320 sq ft). Please call for pricing and cabin availability.

7. WHAT ABOUT THE WEATHER?

We travel during the northern summer season. In general, we can experience temperatures around 0°C (32°F).

8. WHEN IS PAYMENT DUE?

A non refundable deposit of 30% is due at the time of booking. The balance of the land payment is due 190 days before departure. Cancellation charges are applicable and these are outlined in the “Terms & Conditions” section of our brochure.

9. IS MEDICAL INSURANCE REQUIRED?

Emergency evacuation insurance for all passengers to a maximum benefit of USD \$500,000 per person is included. Baggage, cancellation, interruption and medical travel insurance is not included and strongly recommended.

10. WHAT MEALS ARE INCLUDED?

All meals, snacks, soft drinks and juices on board throughout the voyage. Free beer, standard wines, spirits and cocktails during bar service hours and dinner. Complimentary coffee, tea and cocoa available around the clock.

11. WHAT SHOULD I TAKE ON THE TOUR?

There is a detailed “What to Take” list in our Trip Kit, which we will send to you after you have booked the trip.

12. CAN YOU ARRANGE MY FLIGHTS?

We would be happy to take care of your air arrangements. ElderTreks offers personalized flight

itineraries, not group flights. Stop over enroute, come in a few days early, or extend your stay. Call us for a customized itinerary.

13. WHAT IF I WOULD LIKE MORE INFORMATION?

If you have any further questions about the adventure, please call our office for more details.

A Trip Specialist will be happy to answer your questions. A Trip Kit containing further details on the destination will be sent to you once you have booked the trip.





