

# .. CIRCUMNAVIGATION OF NEWFOUNDLAND ..

## DETAILED ITINERARY

Apr 25/17



This summer sailing is ideally timed for viewing whales, icebergs, and breeding seabirds. At Gros Morne, the planet's mantle frames fjords that would be at home in Norway; on the Avalon Peninsula, a chunk of what was once Africa meets remnants of the Appalachian Mountains. We will visit Red Bay UNESCO World Heritage Site, learn about the Viking history in North America at L'Anse aux Meadows, and enjoy a taste of the Mi'kmaq culture in Conne River.

Starting and ending in historic St. John's, we experience Newfoundland's lively culture and dramatic scenery in daily expedition stops. A visit to the French island of Saint-Pierre completes the adventure. The welcome we receive in Newfoundland's outpost communities is warm and genuine; the music and stories unforgettable. Experience the province's legendary music, food, and hospitality the way it was meant to be experienced—by sea.

This is not an ElderTreks operated tour. As such, participants on this tour are not exclusive ElderTreks clients and it may not adhere to ElderTreks' maximum size restrictions of our tours.

### FACTS & HIGHLIGHTS

- 11 days • Start in and finish in St. John's • All meals on board included • Travel aboard the Ocean Endeavour • Explore the phenomenal landscapes of Gros Morne National Park • Share the warmth of a classic Newfoundland 'kitchen party' • Hear traditional stories and songs from our talented leaders • View icebergs and whales at an optimal time of the year

### DEPARTURE DATES & PRICE

**Oct 2 – Oct 12, 18 from \$4995 USD**

see page 2 for complete cabin class rates per person.

### Activity Level: 1

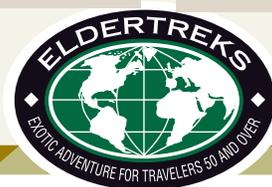
### Comfort Level:

Seas can be rough. Wet and dry zodiac landings required.

### ACCOMMODATIONS

All travel aboard the Ocean Endeavour.

**ELDERTREKS**



SMALL GROUP  
**EXOTIC ADVENTURES**  
FOR TRAVELERS 50 PLUS

## 2018 PRICES (USD)

<b>Triple Cabin</b>	- \$4995
<b>Interior Twin</b>	- \$6395
<b>Exterior Twin</b>	- \$7695
<b>Main Twin</b>	- \$8895
<b>Comfort Twin</b>	- \$10095
<b>Top Deck Twin</b>	- \$11295
<b>Superior Twin</b>	- \$12595
<b>Junior Suite</b>	- \$13895
<b>Suite</b>	- \$15195

rates do not include Discovery Fund Fee of \$250USD pp.

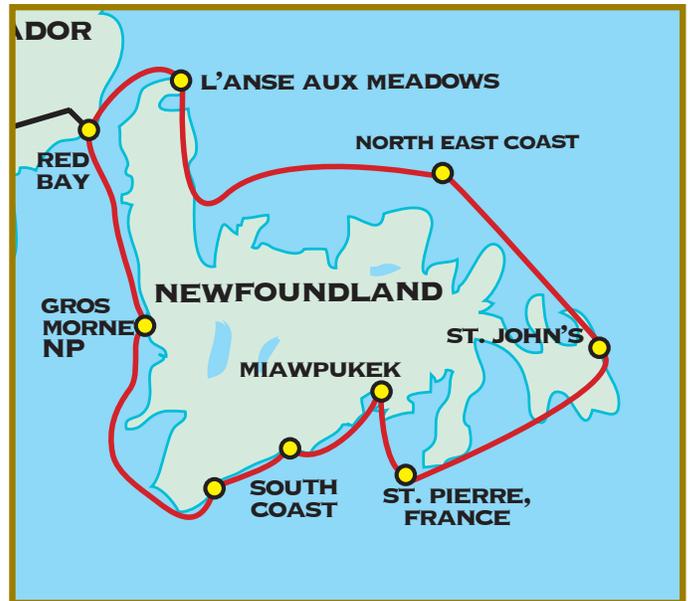
## DAY 1 ST. JOHN'S, NEWFOUNDLAND

Welcome to St. John's—Newfoundland's historic, vibrant capital. Picturesque and welcoming, with a world-famous harbour, St. John's has been continually fished since 1498, allowing it to boast the designation of North America's oldest European settlement.

We will offer an optional afternoon city tour to those interested. Afterwards, we will rendezvous at the docks and board the Ocean Endeavour to begin the adventure proper. Passengers will meet the staff and crew, and prepare to leave the harbour. Sailing out of St. John's has to be experienced to be believed; Signal Hill keeps watch over the world-famous Narrows as we head for open water.

## DAY 2-3 NORTHEAST COAST

The northeast coast of Newfoundland is known for the dozens of quaint villages that dot its rocky shores, and it is to one of these small settlements that we will be paying a visit today. We may look forward to a characteristically warm Newfoundland welcome upon our arrival. The area itself is home to a plethora of islands and, seasonally, ice bergs that drift in from the Atlantic; the Ocean Endeavour will chart a scenic course past these beautiful obstacles as we head north.



## DAY 4 L'ANSE AUX MEADOWS

A UNESCO World Heritage Site, L'Anse aux Meadows is the only authenticated former Norse settlement in North America. The archaeological remains found here in 1960 date to approximately 1000 AD. Amazingly, the location of the ruins was first established by a close reading of the Viking sagas.

Today, a superb interpretive centre and reconstructions of the several Norse-style sod buildings make L'Anse aux Meadows a must-see for any visitor to Newfoundland.

## DAY 5 RED BAY

Labrador is home to the Red Bay Basque Whaling Station, Canada's newest UNESCO World Heritage site. Beginning in the 1500s, Basque whalers operated out of the Red Bay harbour, making it at one time the largest whaling station in the world. The site includes six hundred acres of terrestrial and aquatic protected area. Among the important artefacts found at Red Bay is the whaling ship San Juan, lost in a storm in 1565 and found centuries later submerged in the harbour in only ten metres of water. A large number of tools, personal items, and navigational instruments have been recovered from the wreck.

## DAY 6 WOODY POINT / GROS MORNE NATIONAL PARK

Gros Morne is internationally famed for its geographic diversity and majesty. The park's mountains are both picturesque and highly unusual: the Tablelands, a 600-metre plateau, forms one of the world's best examples of ancient rock exposed from the earth's mantle. The park's fjords are equally stunning, and the town of Woody Point has become widely renowned for its annual Writers' Festival.

There will be a choice of walks—catering to all levels of skill and interest—as we explore the surrounding area. The beauty of Bonne Bay will surely be a highlight, as will the subtle charms of Woody Point.

## DAYS 7-8 SOUTH COAST

The wild and windswept coast of southern Newfoundland is home to a few remaining outpost communities, still largely cut off from mainstream travel. Visits here are often a highlight of our trips. There are many unique bays and coves to explore via Zodiac or land excursions.

## DAY 9 MIAWPUKEK (CONNE RIVER)

The First Nations community of Miawpukek (Conne River) has an economically self-sufficient mandate, guided by traditional values. It became a permanent settlement sometime around 1822. Before then, it was one of many semi-permanent camping sites used by the Mi'kmaw people—who were, at the time, nomads travelling throughout the east coast. Since its establishment as a reserve in 1987, Miawpukek's employment rate has increased from 10% to nearly 100% and Indian and Northern Affairs often reference the community as a model for other First Nations. We will receive a formal welcome into the community and meet the locals, with the help of community leaders.

## DAY 10 SAINT-PIERRE, FR

Explore Saint-Pierre, a last bastion of France's colonial territories in North America. The colourful and charming shops and residences of the town of Saint-Pierre reveal its unique historical character.

## DAY 11 ST. JOHN'S, NEWFOUNDLAND

On the final day of our expedition, we sail through the historic Narrows and into St. John's harbour. We will

say our farewells and begin the process of departure.

Staff will be on hand to assist you with luggage and transportation arrangements.





## THE OCEAN ENDEAVOUR DETAILS:



Maximum: 198 passengers

Outfitted with twenty Zodiacs, advanced navigation equipment, multiple lounges and a top deck observation room, the Ocean Endeavour is purpose-built for passenger experiences in remote environments. The Ocean Endeavour boasts a 1B ice class, enabling her to freely explore throughout the Arctic summer. Launched in 1982, she has had numerous upgrades, most recently in 2010 and 2014.



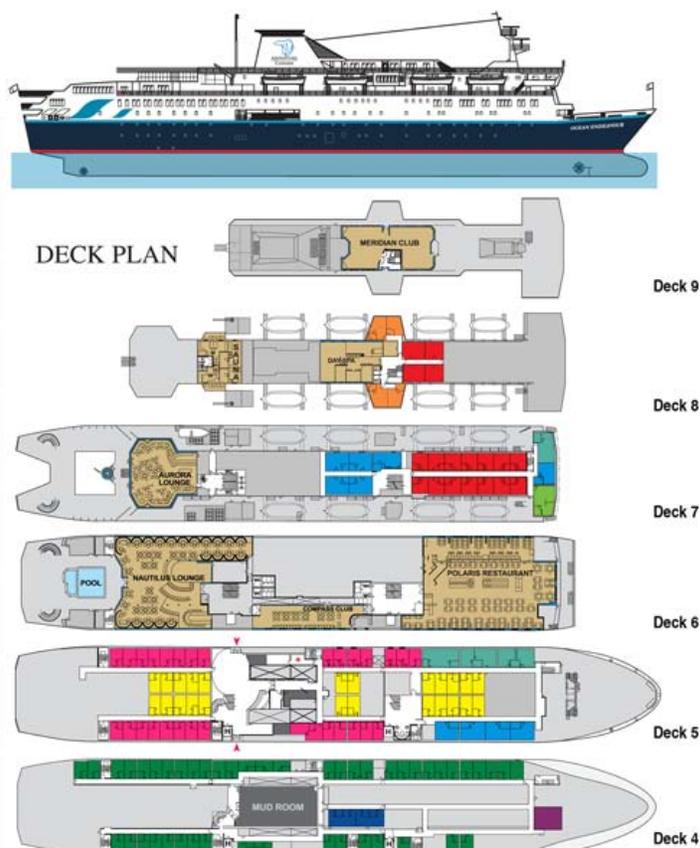
Aurora Lounge aboard the Ocean Endeavour.



Exterior Twin Cabin aboard the Ocean Endeavour.

## CABIN CLASS CATEGORIES

<b>CATEGORY 2</b>	<b>TRIPLE</b>
Deck four. Interior Cabin, three lower berths, private bath	
<b>CATEGORY 3</b>	<b>INTERIOR TWIN</b>
Deck five. Interior Cabin, two lower berths, private bath	
<b>CATEGORY 4</b>	<b>EXTERIOR TWIN</b>
Deck four. Porthole window, two lower berths, private bath	
<b>CATEGORY 5</b>	<b>MAIN TWIN</b>
Deck five. Picture window, two lower berths, private bath	
<b>CATEGORY 6</b>	<b>COMFORT TWIN</b>
Deck seven & eight. Picture windows (obstructed view), two lower berths or matrimonial bed, private bath, refrigerator	
<b>CATEGORY 7</b>	<b>TOP DECK TWIN</b>
Deck eight. Large picture windows (partial obstruction), matrimonial bed, private bath, refrigerator	
<b>CATEGORY 8</b>	<b>SUPERIOR TWIN</b>
Deck five & seven. Picture windows, twin or matrimonial bed, private bath, refrigerator	
<b>CATEGORY 9</b>	<b>JUNIOR SUITE</b>
Deck five & seven. Picture windows, separate sitting area, sofa, desk, refrigerator, matrimonial bed, private bath	
<b>CATEGORY 10</b>	<b>SUITE</b>
Deck seven. Picture windows overlooking the bow, separate sitting area, sofa, desk, refrigerator, matrimonial bed, private bath with full tub	



## QUESTIONS & ANSWERS

### 1. HOW BIG ARE THE GROUPS?

The Ocean Endeavour is a 198 passenger vessel. On board you will also have between 10 to 15 resource staff.

### 2. WHAT IS INCLUDED IN THE TOUR PRICE?

From day 1 to disembarkation meals, entrance fees, and accommodations are included.

### 3. WHAT IS NOT INCLUDED IN THE TOUR PRICE?

International & charter flights, tips, Discovery Fund fee of (\$250USD). Personal expenses like alcoholic beverages, telephone calls, internet & laundry are not included and put onto their ship board account which is payable in USD the night prior to disembarkation. Ships crew gratuities are not included, we suggest between \$10-\$14 per day per passenger. This goes into a lump sum and distributed to the entire crew equally.

### 4. WHAT IS THE DISCOVERY FUND?

The Discovery Fund is the result of committed passengers longing for a way to give back to the regions they have visited during their expeditions. Our local supplier has made a point to support local organizations and groups focusing on the environmental, cultural and educational needs of each region you will visit. Our local supplier, in cooperation with their friends in the North, assess where the demand is the greatest and supports each cause through monetary donations. Each passenger who travels with our local supplier donates an additional \$250 USD to ensure the longevity and success of the initiatives in these regions. Throughout the voyage you will see some of the projects that we have funded over the years. Your donation goes a long way and helps ensure that many of these important organizations, many at the grassroots level, are able to carry on. Most of these local initiatives do not

have charitable status and thus do not have the ability to issue tax receipts. If it is essential for you to obtain a tax receipt for your donation, the local supplier will send your portion to an organization which has this capability.

### 5. ARE THESE “EDUCATIONAL” TOURS?

Yes, in the broadest sense of the word, “educational”. We visit museums and local villages. We also have talks and discussions on many aspects of the history and culture Newfoundland, but this is only one aspect of what we do. We believe that it is equally educational to meet new people on a non-commercial basis. Sometimes the most “educational” moments are spent having a cold drink with the locals .

### 6. HOW DO WE TRAVEL DURING THE TOUR?

We cruise on our vessel and often use zodiac’s for our adventure excursions.

### 7. WHAT ARE OUR ACCOMMODATIONS LIKE?

All cabins aboard the ship are outside cabins with private bathrooms. The ship has advanced communications and navigation equipment, and newly installed, state-of-the-art Sperry Gyrofin stabilizers.

### 8. WHAT ABOUT THE WEATHER?

We travel to Newfoundland during their spring and summer season. In general, Newfoundland can experience temperatures between 50-70 F (10-20 C).

### 9. WHEN IS PAYMENT DUE?

A non-refundable deposit of \$1500 USD (plus insurance if you desire it) is due as soon as you decide to go and will reserve your place on the tour. The balance of the land payment is due 120 days before departure. Cancellation charges are applicable and these are outlined in the “Terms & Conditions” section of our brochure.

### 10. IS MEDICAL INSURANCE REQUIRED?

Insurance coverage is not included in the cost of your trip. Please note that medical insurance is required for this adventure with a minimum of \$75,000 coverage for evacuation insurance, including air ambulance. We strongly recommend cancellation and interruption insurance as well! ElderTreks offers comprehensive travel insurance and we are happy to provide you with a quote if you call our office. If you are purchasing insurance elsewhere, please ensure you provide the details to ElderTreks as soon as possible.

### 11. WHAT MEALS ARE INCLUDED?

All meals are included, starting with dinner on day 1 and finishing with breakfast on departure day.

### 12. WHAT SHOULD I TAKE ON THE TOUR?

There is a detailed “What to Take” list in our Trip Kit, which we will send to you after you have booked the trip.



### 13. CAN YOU ARRANGE MY FLIGHTS?

We would be happy to take care of your air arrangements. ElderTreks offers personalized flight itineraries, not group flights. Stop over enroute, come in a few days early, or extend your stay. Call us for a customized itinerary.

### 14. WHAT IF I WOULD LIKE MORE INFORMATION?

If you have any further questions about the adventure, please call our office for more details. A Trip Specialist will be happy to answer your questions. A Trip Kit containing further details on the destination will be sent to you once you have booked the trip.

